



Missouri Department of Conservation

at  
**Windermere Conference Center**  
Roach, Missouri

**June 9–11, 2006**

for  
Women  
*(18 years and older)*  
and  
Women with their daughters\*  
*\*(14 years and older)*

## Facility information

The state-of-the-art Windermere Conference Center is flanked by 1,300 acres of wooded Ozark hills, and occupies 3.5 mile of shoreline on the Lake of the Ozarks.

For more information on Windermere, go to [www.windermereusa.org](http://www.windermereusa.org) or call 1-573-346-5200 or 1-800-346-2215.

You must make separate reservations for meals and lodging through Windermere. *Mail only your \$20 registration fee to "Missouri's Outdoor Women," along with your Windermere meal and lodging confirmation number.* See additional information following course descriptions.

Be sure to keep a record of your Windermere confirmation number *and* to record your confirmation number in the space provided when you fill out the registration form in this brochure. The Windermere confirmation number must be mailed to Missouri Department of Conservation (MDC) with your registration form and fee for you to be accepted into the program.

Windermere Confirmation Number: \_\_\_\_\_  
*Registration not valid without this number.*

### Check-in:

Anytime after 3 p.m.

### Check-out:

Before 11 a.m.

## Alcohol/firearms:

Use or possession of alcoholic beverages or illicit drugs, firearms and fireworks are forbidden on Windermere property.

## Accommodations

Participants are responsible for making room and meal reservations with Windermere at 1-573-346-5200 or 1-800-346-2215. Accommodation prices will vary with the number of participants per room. RV camping is also available.

Meal costs listed below may vary. Please work with Windermere to arrange for your meals. We usually begin the weekend with lunch on Friday and end with lunch on Sunday.

MDC will be providing Saturday dinner at no cost to you.

Breakfast . . . \$5.75 each

Lunch . . . . . \$7.75 each

Dinner . . . . . \$9.00 each

# Course Descriptions

**LEISURELY** • Workshop is not physically demanding.

**MODERATE** • Workshop requires a certain level of physical activity.

**RUGGED** • Workshop is fairly strenuous and may require walking over uneven terrain.



## ***All-day Float Trip • Outdoors/ Moderate to Rugged***

Traveling down a stream or river is a great way to explore the outdoors. Proper operation of a canoe is essential to keeping those excursions fun and safe.

Our expert instructors will teach you the basic strokes and strategies of stream canoeing and lead you on an all-day floating adventure.

## ***The Allure of the Lure: Fly Tying for Beginners • Indoors/Leisurely***

Tying flies is both an art form and a science. This workshop will help you create different types of beautiful and exquisite flies and show you how what you tie could catch a fish's eye!

## ***Archery • Outdoors/Moderate***

Learn the basic techniques for shooting a bow and arrow without the use of sights, as well as tips on how to select bows, arrows and other archery equipment. You'll have plenty of time to practice your new archery skills with different types of bows.

## ***Basic Orienteering • Indoors and Outdoors/Moderate to Rugged***

Mystified by a map? Confused by a compass? Ever wonder how the heroine in a novel or movie confidently leads everyone to safety simply by studying a mysterious object lying flat in her hand? After some very basic



instructions and fun-filled activities (including navigating successfully through an orienteering trail using a map and compass), *you* will be transformed from the confused, mystified follower to the confident, mysterious heroine!

### ***Dutch-Oven Cooking • Outdoors/Leisurely***

You don't need a range to make great meals while ranging through outdoor Missouri. You'll be amazed at the scrumptious meals you can cook up with a Dutch oven, charcoal and the right ingredients. In addition to learning how to care for your Dutch ovens and cook safely with charcoal, you'll also get a great start on your recipe collection.

### ***Fishing FUNdamentals • Outdoors/Leisurely***

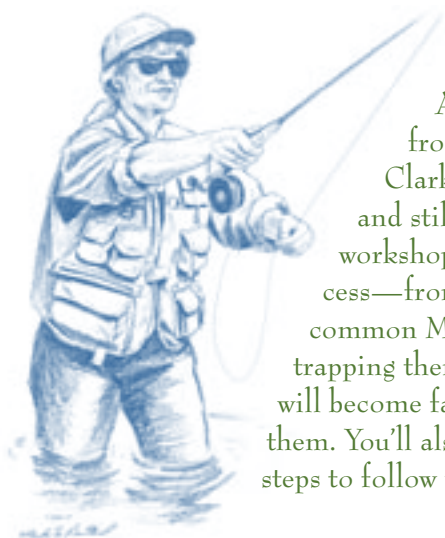
Get hooked on one of Missouri's most popular water sports. Let our staff introduce you to the excitement of reeling in your first fish or catching a lunker (a very big fish). This course teaches you the basics on fishing equipment, bait, how fish react to bait, fish identification and fish habitat. You will *not* need a 2006 fishing permit to participate in this course.

### ***Fly Fishing • Indoors and Outdoors/Leisurely***

If you were ever intrigued by the beauty and gracefulness of fly-fishing, here is an opportunity to try your hand at this easy, effective and enjoyable way to fool and catch a fish. You will *not* need a 2006 fishing permit to participate in this course.

### ***Furbearer Trapping Basics • Indoors and Outdoors/Moderate***

Although it may sound like something from a history book or the Lewis and Clark journals, trapping is alive and well and still very important today. This hands-on workshop will take you through the entire process—from field to furs. You will learn to identify common Missouri furbearers and understand why trapping them is a valuable management tool. You will become familiar with basic traps and how to set them. You'll also have an opportunity to practice what steps to follow when your trap set has been successful.



### **Get to Know Your Boat! • Outdoors/Leisurely**

This is driver's education for boats. Watercrafts are among the most popular recreational sports vehicles, but not everyone has an opportunity to learn how to operate them safely. This hands-on (*the wheel!*) course will introduce you to boating terminology, as well as teach you a few simple ways to drive, dock and trailer a boat.

### **Rifle/Handgun Shooting • Indoors and Outdoors/Leisurely to Moderate**

Ever wonder if you might enjoy shooting sports? Target shooting with a rifle and handgun is a wonderful, safe and gratifying way to find out. **Guarantee:** You will leave the workshop with an understanding of the basic parts of these firearms, with a solid foundation in their safe and ethical handling and firing, and with targets you will be proud of and eager to show off to the folks back home!



### **Self-defense • Indoors/Moderate**

Feeling safer walking in the woods or to your vehicle at the mall is *not* about being big or strong. It's about knowing some very simple techniques. Beginning with ways to remain aware of your surroundings, the basic self-defense techniques demonstrated *and practiced* in this workshop will give you more confidence to head outdoors—whether alone or with other women.

### **Shotgun Shooting • Indoors and Outdoors/Moderate**

Few thrills can match the excitement of the first time you shatter a clay target with a shotgun. Learn the basic skills required to use a shotgun effectively. Safety will be stressed in this course, and you will have plenty of hands-on shooting opportunities to practice your new skills.

### **Tracks, Scat and the Artistry of Nature • Indoors and Outdoors/Leisurely**

Learn to look at antlers, feathers and other natural objects in a new light. This hands-on workshop will help you identify and understand the purpose of simple objects and animal signs found in nature; then it will show you how to transform them into beautiful objects of art and jewelry!

## **Payment and registration information**

MDC workshop registration fee is \$20 per person.

There is no registration fee for young women aged 14–17 when registered with an adult. However, participants aged 14–17:

- are responsible to Windermere for room and meal costs.
- must be accompanied at workshops by the adult with whom they are registered.
- must present a consent form (available from Jackie Keller) signed by the parent(s) or guardian.

## **Cancellation policy:**

*Remember you ALSO must contact Windermere to cancel your lodging and meals.*

**MDC Policy**—If you cancel on or before June 2, 2006, you will receive a full refund. Fee will not be refunded to registrants who do not attend and do not cancel by June 2. You may send a substitute.

**Windermere Policy**—Cancellation 30 days or more prior to arrival date will result in a full refund. Cancellation fewer than 30 days prior to arrival will result in forfeiture of deposit.

## **Special needs:**

In compliance with the American Disabilities Act, this program will make all reasonable efforts to accommodate people with special needs. Please include a letter with your registration form describing any special needs you have.

## **For more information contact:**

Regina Knauer  
(573) 522-4115, ext. 3829

or

Jackie Keller  
(573) 522-4115, ext. 3292



**Calls of the Wild**—On Saturday evening we have a special treat in store. Get ready to kick back and howl with delight at Ralph Duren's rendition of more than 100 wild animal sounds. Ralph is famous for his imitations of toads, frogs, all kinds of birds and even wolves, elk, moose and mountain lions!

## **Missouri's Outdoor Women participant registration form**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime phone number \_\_\_\_\_

Windermere Confirmation Number: \_\_\_\_\_

*Registration not valid without this number.*

How did you find out about the program? \_\_\_\_\_

### **Course selection**

Attendees will participate in four courses. Indicate your course preferences by numbering them from 1 to 6.

- |                               |                                     |
|-------------------------------|-------------------------------------|
| _____ All-day Float Trip      | _____ Furbearer Trapping Basics     |
| _____ The Allure of the Lure: | _____ Get to Know Your Boat!        |
| _____ Fly Tying for Beginners | _____ Rifle/Handgun Shooting        |
| _____ Archery                 | _____ Self-defense                  |
| _____ Basic Orienteering      | _____ Shotgun Shooting              |
| _____ Dutch-Oven Cooking      | _____ Tracks, Scat and the Artistry |
| _____ Fishing FUNDamentals    | _____ of Nature                     |
| _____ Fly Fishing             |                                     |

### **Mail this form with workshop fee to:**

Attn: Missouri's Outdoor Women, Missouri Department of Conservation,  
Outreach and Education, P.O. Box 180, Jefferson City, MO 65102-0180

### **Please make checks payable to:**

Missouri's Outdoor Women

**Registration deadline:** June 2, 2006

### **Signature Required:**

I recognize this event involves risk and I take responsibility for action or injury that may result by participating. I also agree to accept the conditions set forth in the cancellation policy.

\_\_\_\_\_  
*Signature*

